



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DURANGO HILLS YMCA POOL SCHEDULE

## May 22nd - August 9th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Swim Lessons and Swim Team 9:00 am- 1:00pm	Swim Lessons and Swim Team 9:00 am- 1:00pm	Swim Lessons and Swim Team 9:00 am- 1:00pm	Swim Lessons and Swim Team 9:00 am- 1:00pm		Swim Lessons 10:00 am - 12:00 pm
Lap Swim 10:00 am - 11:00 am	Lap Swim 10:00 am - 11:00 am	Lap Swim 10:00 am - 11:00 am	Lap Swim 10:00 am - 11:00 am	Family Swim 2:00 pm - 7:00 pm \$5   Y Members Free	Parent & Child 10:00 am - 10:30 am and 10:45am-11:15am
Lap Swim 11:00 am - 12:00 pm	Lap Swim 11:00 am - 12:00 pm	Lap Swim 11:00 am - 12:00 pm	Lap Swim 11:00 am - 12:00 pm		Family Swim 12:00 pm - 5:00 pm \$5   Y Members Free
Aqua Class 11:00 am - 11:50 am	Aqua Class 11:00 am - 11:50 am	Aqua Class 11:00 am - 11:50 am	Aqua Class 11:00 am - 11:50 am	<ul style="list-style-type: none"> <li>Member only Swim from 1pm-2pm weekdays and 2pm-3pm on Fridays</li> <li>YMCA swim instructors may use lanes during open times for private swim lessons</li> <li>LANE AVAILABILITY MAY BE SUBJECT TO CHANGE ON A DAILY, WEEKLY, OR MONTHLY BASIS</li> </ul>	
Family Swim 1:00 pm - 6:00 pm \$5   Y Members Free	Family Swim 1:00 pm - 6:00 pm \$5   Y Members Free	Family Swim 1:00 pm - 6:00 pm \$5   Y Members Free	Family Swim 1:00 pm - 6:00 pm \$5   Y Members Free		
Swim Lessons and Swim Team 5:00pm - 6:00pm	Swim Lessons and Swim Team 5:00pm - 6:00pm	Swim Lessons and Swim Team 5:00pm - 6:00pm	Swim Lessons and Swim Team 5:00pm - 6:00pm		

### Know Our Pool



AVERAGE TEMPERATURE = 80

LAP POOL LENGTH = 25 yards



DISTANCE: 66 lengths = 1 mile

### Pool Hours

**Monday** 1:00 - 6:00pm

**Tuesday** 1:00 - 6:00pm

**Wednesday** 1:00 - 6:00pm

**Thursday** 1:00 - 6:00pm

**Friday** 2:00 - 7:00pm

**Saturday** 12:00 - 5:00pm

**Sunday** 12:00 - 5:00pm



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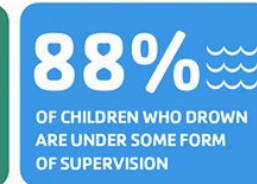
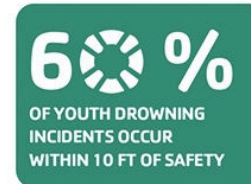
### Pool Rules

- No swimming when a lifeguard is not on duty.
- Children under the age of 12 must be accompanied by a parent or guardian 18 years of age or older.
- All patrons wishing to access deep water (chest level or higher) must take and pass a swim test. This includes access to slides and diving boards.
- Children who do not pass the swim test and the water level of the shallow end is at chest level or higher must have a parent or guardian within arms reach, in the pool at all times OR have on a US Coast Guard approved life jacket.
- Flotation devices are not allowed in the pool except for Coast Guard approved lifejackets.
- Pushing, shoving, pulling, or running on the pool deck is not allowed.
- Dunking, rough-housing, and "chicken" are not allowed.
- Breath holding games are strictly prohibited.
- No diving except in designated areas.
- Hanging on ropes or lane lines is not allowed.
- Food and drink are allowed only in designated areas.
- Glass is not allowed in the pool area.
- Alcoholic beverages and drugs are not allowed on YMCA property.
- All patrons must shower before entering the pool water.
- All children required to wear diapers must wear a pool friendly swim diaper while in the water (Swim diapers may be purchased for \$2 each).
- Bathing suits are required. No cut-offs, street clothes, or cotton in the pool.
- Smoking is not allowed on YMCA Property. This includes electronic smoking devices.

### Waterslide Rules

- All swimmers MUST pass a swim test and be wearing the required wristband before getting in the line for the slide.
- No standing, kneeling, rotating, tumbling, or stopping in any flume or tunnel.
- You must slide feet first on your back.
- No diving or flipping while exiting from a flume.
- Only 1 person down the slide at a time.
- Must follow all instructions from Aquatic Staff.
- Must keep hands inside the flume while using the slide.
- Must leave the landing pool promptly after exiting from the slide.
- No toys or sharp objects while riding the slide.
- No lifejackets. Must be an independent swimmer.

**YOU MUST BE AT LEAST 48" TALL TO RIDE THE SLIDES**



Source: SafeKids.org/sites



**Scan the QR code to register for swim lessons today!**