



# Heinrich YMCA POOL SCHEDULE

May 22<sup>nd</sup> - August 9th

FIRST DAY OF OPERATIONS:

FRIDAY, MAY 22ND

WE ARE OPEN MEMORIAL DAY, 4<sup>TH</sup> OF JULY AND LABOR DAY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Members Only Hour</b> 2:00pm - 3:00pm	<b>Members Only Hour</b> 2:00pm - 3:00pm	<b>Members Only Hour</b> 2:00pm - 3:00pm	<b>Members Only Hour</b> 2:00pm - 3:00pm	<b>Members Only Hour</b> 2:00pm - 3:00pm	<b>Swim Lessons</b> 10:00 am - 12:45pm	<b>Member/Public Swim</b> Closed
<b>Member/Public Swim</b> 3:00 pm - 7:00 pm \$3   Y Members Free	<b>Member/Public Swim</b> 3:00 pm - 7:00 pm \$3   Y Members Free	<b>Member/Public Swim</b> 3:00 pm - 7:00 pm \$3   Y Members Free	<b>Member/Public Swim</b> 3:00 pm - 7:00 pm \$3   Y Members Free	<b>Member/Public Swim</b> 3:00 pm - 7:00 pm \$3   Y Members Free	<b>Member/Public Swim</b> 12:00 pm - 4:00 pm \$3   Y Members Free	
					<b>Lap Swim</b> 12:00pm - 4:00pm	
<b>Swim Team</b> 3:00pm-4:00pm OR 5:45pm-6:45pm <b>Swim Lessons</b> 4:30pm - 6:45pm	<b>Swim Team</b> 3:00pm-4:00pm OR 5:45pm-6:45pm <b>Swim Lessons</b> 4:30pm - 6:45pm	<b>Swim Team</b> 3:00pm-4:00pm OR 5:45pm-6:45pm <b>Swim Lessons</b> 4:30pm - 6:45pm	<b>Swim Team</b> 3:00pm-4:00pm OR 5:45pm-6:45pm <b>Swim Lessons</b> 4:30pm - 6:45pm	<b>Masters - Adult</b> <b>Swim Conditioning</b> 5:30pm-6:30pm	YMCA swim instructors may use lanes during open times for private swim lessons  LANE AVAILABILITY MAY BE SUBJECT TO CHANGE ON A DAILY, WEEKLY, OR MONTHLY BASIS	

All those (including adults) who wish to use the whirlpool or slides must pass a swim test. The swim test will consist of jumping into the deep end of the pool and swimming twenty yards without stopping. To use the slide, riders must also be at least 48" tall.

Swim tests will be conducted every hour, on the hour, during pool hours of operation.



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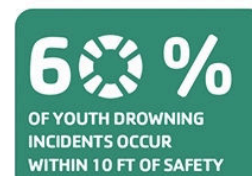
### Pool Rules

- No swimming when a lifeguard is not on duty.
- Children under the age of 12 must be accompanied by a parent or guardian 18 years of age or older.
- All patrons wishing to access deep water (chest level or higher) must take and pass a swim test. This includes access to the waterslide.
- Children who do not pass the swim test and the water level of the shallow end is at chest level or higher must have a parent or guardian within arms reach, in the pool at all times OR have on a US Coast Guard approved life jacket.
- Flotation devices are not allowed in the pool except for Coast Guard approved lifejackets.
- Pushing, shoving, pulling, or running on the pool deck is not allowed
- Dunking, rough-housing, and “chicken” are not allowed
- Breath holding games are strictly prohibited
- No diving except in designated areas
- Hanging on ropes or lane lines is not allowed
- Food and drink are allowed only in designated areas
- Glass is not allowed in the pool area
- Alcoholic beverages and drugs are not allowed on YMCA property
- All patrons must shower before entering the pool water
- All children required to wear diapers must wear a pool friendly swim diaper while in the water (Swim diapers may be purchased for \$2 each)
- Bathing suits are required. No cut-offs, street clothes, or cotton in the pool
- Smoking is not allowed on YMCA Property. This includes electronic smoking devices.

### Waterslide Rules

- All swimmers MUST pass a swim test and be wearing the required wristband before getting in the line for the slide.
- No standing, kneeling, rotating, tumbling, or stopping in any flume or tunnel.
- Must slide feet first on your back.
- No diving or flipping while exiting from a flume.
- Only 1 person down slide at a time.
- Must follow all instructions from Aquatic Staff.
- Must keep hands inside the flume while using the slide.
- Must leave the landing pool promptly after exiting from the slide.
- No toys or sharp objects while riding the slide.
- No lifejackets. Must be an independent swimmer.

**YOU MUST BE AT LEAST 48" TALL TO RIDE THE SLIDES**



**Scan the QR code to register for swim lessons today!**